## LIST OF EXERCISES

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**Exercise 1**: **Detailed balance.** (a) Consider a close container with atoms and radiation in equilibrium at temperature *T*. The atomic states are not degenerate with energy  $E_d$  and  $E_u$ , so that  $E_u > E_d$ . Derive Einstein's absorption  $B_{d_u}$ , spontaneous emission  $A_{u}$ <sup>*d*</sup>, and stimulated emission  $B_{u}$ <sup>*d*</sup> coefficients from the master equation:

$$
\begin{cases}\n\dot{n}_{d \to u} = B_{d \to u} n_d \rho(\omega_{ud}) \\
\dot{n}_{u \to d} = A_{u \to d} n_u + B_{u \to d} n_u \rho(\omega_{ud})\n\end{cases}
$$

where  $\rho(\omega_{ud}^j)$  is the energy density of the radiation,  $\omega_{ji} = (E_j - E_i)/\hbar$ ,  $\dot{n}_{i \to j}$  is the number of atoms doing the transition  $i \rightarrow j$  per unit time due to the absorption or emission of radiation and  $n<sub>j</sub>$  is the total number of atoms in state *i*. Hint: Consider the Boltzman and Planck distributions for the atomic levels and the radiation, respectively.

(b) Generalized the result in (a) for the case that  $E_d$  and/or  $E_u$  are degenerated.

**Exercise 2:** Consider a 10 fs Gaussian pulse for which  $\Delta v\tau = 0.44$ .

- (a) How much is the bandwith  $\Delta v$ ? Answer: 4.4  $\times$  10<sup>13</sup> Hz
- (b) How much is the banwidth  $\Delta\lambda$  for a central wavelength of 800 nm? Answer: 94 nm.

**Exercise 3:** From the Maxwell equation

$$
\vec{\nabla} \times \vec{B} = \mu_0 \vec{J} + \varepsilon_0 \mu_0 \frac{\partial E}{\partial t}
$$

Derive a wave equation for the vector potential

$$
\vec{\nabla}^2 \vec{A} - \frac{1}{c^2} \frac{\partial^2 \vec{A}}{\partial t^2} = -\mu_0 \vec{J} = 0
$$
 in absence of currents

**Exercise 4**: Prove that (Goldstein pgs. 27-28)

$$
\vec{v} \times \vec{\nabla} \times \vec{A} = \vec{\nabla} \left( \vec{v} \cdot \vec{A} \right) - \frac{d\vec{A}}{dt} + \frac{\partial \vec{A}}{\partial t}
$$
  
where 
$$
\frac{dA_x}{dt} = \frac{\partial A_x}{\partial t} + \left( v_x \frac{\partial A_x}{\partial x} + v_y \frac{\partial A_x}{\partial y} + v_z \frac{\partial A_x}{\partial z} \right)
$$

**Exercise 5**: Derive the Lorentz force from the Hamilton equations:

$$
\dot{\vec{r}} = \frac{\partial H}{\partial \vec{p}}; \quad -\dot{\vec{p}} = \frac{\partial H}{\partial \vec{r}}
$$

where 
$$
H(\vec{p}, \vec{r}, t) = \frac{(\vec{p} - q\vec{A})^2}{2m} + q\phi
$$

**Exercise 6**: How much is  $\beta = v/c$  for an electron excited with a Ti-Sapphire laser?  $\lambda = 800$ nm, E<sub>o</sub> = 5x10<sup>o</sup> V/m, m = 9.1x10<sup>31</sup> kg

**Exercise 7**: How does gauge invariance work for the Schrödinger equation?

$$
\vec{A} \rightarrow \vec{A}' = \vec{A} + \vec{\nabla}\chi
$$

$$
\phi \rightarrow \phi' = \phi - \frac{\partial \chi}{\partial t}
$$

Solution:

$$
\psi'(\vec{r},t) = \psi(\vec{r},t)e^{i\frac{q}{\hbar}\chi}
$$

in the Coulomb gauge

$$
\nabla^2 \chi = 0
$$

**Exercise 8**: Prove that if

$$
\vec{A} = \vec{A}(t) \neq 0 \Rightarrow \Psi(\vec{r}, t) = \psi(\vec{r})e^{-\frac{i}{\hbar}S(t)}
$$
  
where  $S(t) = \frac{1}{2m} \int_{t_0}^{t} dt' \left[\hbar \vec{k} - q\vec{A}(t)\right]^2$  classical action

**Exercise 9**: (a) How much is the electric field and potential felt by a classical electron in the first Bohr's orbit? What is the intensity due to 1 a.u. of electric field?

(b) How much is the electric potential felt by a classical electron in the first Bohr's orbit?

(c) What is the intensity due to 1 a.u. of electric field?

**Exercise 10:** How much is the intensity of a Ti-Sapphire laser ( $\lambda$  = 800 nm) impinging over H so that the Keldysh parameter is  $\gamma = 1$ ?

**Exercise 11**: Calculate the classical action for a sinusoidal linearly polarized field  $E(t) = E_0 \sin(\omega t) \hat{z}$ . Solution: ution:<br> $\left[\frac{k^2 \tau}{r^2} + \frac{F_0^2}{r^2}\right] \left(\frac{\tau}{r} + \frac{\sin 2\omega \tau}{r}\right) + \frac{kF_0}{r^2} \sin \omega \tau + I_r \tau$ 

$$
S(t,\tau) = -\left[\frac{k^2 \tau}{2} + \frac{F_0^2}{2\omega^2} \left(\frac{\tau}{2} + \frac{\sin 2\omega \tau}{4\omega}\right) + \frac{kF_0}{\omega} \sin \omega \tau + I_p \tau\right] +
$$
  
+ 
$$
\left[\frac{k^2 t}{2} + \frac{F_0^2}{2\omega^2} \left(\frac{t}{2} + \frac{\sin 2\omega t}{4\omega}\right) + \frac{kF_0}{\omega} \sin \omega t + I_p t\right]
$$

**Exercise 12:** Prove that within the SFA the momentum distribution is symmetrical for a cosine-like pulse:  $\vec{F}(t) = F_{_0} \cos(\omega t + \phi_{\scriptscriptstyle{CE}}) \hat{z} \quad \text{with } \phi_{\scriptscriptstyle{CE}} = 0$ 

$$
\frac{dP(k_z, k_\rho)}{d\vec{k}} = \frac{dP(-k_z, k_\rho)}{d\vec{k}} \quad \text{iff} \quad F(t) = F(\tau - t)
$$

**Exercise 13**: Prove that in the interaction picture:

$$
\begin{aligned} \mathrm{i}\hbar\frac{\mathrm{d}}{\mathrm{d}t}|\psi_\mathrm{I}(t)\rangle&=H_{1,\mathrm{I}}(t)|\psi_\mathrm{I}(t)\rangle,\\ \mathrm{i}\hbar\frac{\mathrm{d}}{\mathrm{d}t}A_\mathrm{I}(t)&=[A_\mathrm{I}(t),H_{0,\mathrm{S}}]. \end{aligned}
$$

**Exercise 14:** Prove the return condition and the ionization condition from the saddle equation:

$$
\nabla_{\vec{k}} S(\vec{k}, t, t - \tau) = 0 \implies \vec{r}(t) - \vec{r}(t - \tau) = 0
$$
  

$$
\frac{\partial}{\partial \tau} S(\vec{k}, t, t - \tau) = 0 \implies \frac{1}{2} (\vec{k} + \vec{A}(t - \tau))^2 + I_p = 0
$$

**Exercise 15**: Prove the energy conservation for emission of a harmonic photon from the saddle equation:

$$
\frac{\partial}{\partial t} S(\vec{k}, t, t - \tau) = 0 \implies \frac{1}{2} (\vec{k} + \vec{A}(t))^2 + I_p = q\omega
$$

**Exercise 16:** Considering the relation between the measured angle  $\theta$  and the ejection angle without IR,  $\theta_i$  in LAPE:

$$
\tan \theta = \frac{v(t)\sin \theta_i}{v(t)\cos \theta_i - A(t)}
$$

prove that

$$
v(t)\cos\theta_i = A(t)\sin^2\theta \pm \sqrt{A^2(t)\sin^4\theta - A^2(t)\sin^2\theta + v^2(t)\cos^2\theta}
$$

**Exercise 17**: (Scattering 1D) Consider a rectangular potential barrier of height *V<sup>0</sup>* and width *a*, centered at the origin. Calculate the transmission group delay

$$
\Delta t_g = \hbar \frac{d\varphi}{dE} \approx \frac{2m}{\hbar k \kappa} = \frac{2}{v\kappa}
$$

where  $1/x$  is the penetration depth. Use the approximation of a very opaque barrier  $(\kappa a>>1).$