







































Exercise 8: Prove that if 0 ( ) 2 ( ) 0 ( , ) ( ) <sup>1</sup> where ( ) ( ) classical action 2 *<sup>i</sup> S t t <sup>e</sup> <sup>t</sup> A A t r t r e S t dt k qA t m* Let's consider the case of a linearly polarized sinusoidal electric field with adiabatic switch on and off 0 0 0 ( ) sin <sup>ˆ</sup> ( ) ( ) ( ) sin cos ˆ ˆ *t t E t zE t A E E t A t dt E t zE dt t z t t* 0 2 0 1 ( ) ( ) ( ) ( ) ( ) <sup>2</sup> *t k e t S t dt k qA t t t k t t m* For the sinusoidal case we can derive an analytical action: 2 2 2 2 2 2 2 0 2 0 sin 2 ( ) ( ') cos ( ) 2 2 4 2 ( ) ( ) (ponderomotive energy) 4 *e q q q t E E t dt A t dt t t t m m m t dt t U T m q e* 

**Definition of Files**  
\n**Quantum Electron in Electromagnetic Field**  
\n**EXECUTE:**  
\n**Exercise 8: Prove that if** 
$$
\vec{A} = \vec{A}(t) \angle (0 \Rightarrow \Psi(\vec{r},t) - \psi(\vec{r})e^{-\hat{\mu}/\hat{\mu}t})
$$
  
\nwhere  $S(t) = \frac{1}{2m_e} \int_0^t dt \left[ b\vec{k} - q\vec{A}(t) \right]^2$  classical action  
\nLet's consider the case of a linearly polarized sinusoidal electric field with adabatic  
\nswith on and off  
\n $\vec{E}(t) = -\frac{\partial \vec{A}}{\partial t} \Rightarrow \vec{A}(t) = -\int_{-\infty}^t dt' \vec{E}(t') = -2E_0 \int_{-\infty}^t dt' \sin \omega t' = \frac{E}{\omega} \cos \omega t$   
\nFor the sinusoidal case we can derive an analytical action:  
\n $S(t) = \frac{1}{2m_e} \int_0^t dt' \left[ h\vec{k} - q\vec{A}(t') \right]^2 = \varepsilon_k (t - t_0) + h\vec{k} \cdot \vec{a}(t) + \beta(t)$   
\n**Equation 3:3**  
\n**Quantum Electron in Electromagnetic Field**  
\n**Quantum's**  
\n**Quantum's**  
\n $\vec{a}(t) = \frac{-q}{2m_e} \int_0^t dt' \vec{A}(t') = \frac{-q}{m_e} \frac{E_0}{\omega} \left[ d\vec{a} \cos \omega t' - \frac{-q}{m_e} \frac{E_0}{\omega} \right]$  is an  $\omega$  (adiabatic switch on)  
\n $\langle \vec{a}(t) \rangle = \frac{-q}{T} \int_0^t dt' \vec{A}(t') = \frac{-q}{m_e} \frac{E_0}{\omega} \left[ d\vec{a} \cos^2 \omega t' - \frac{q}{m_e} \frac{E_0}{\omega} \right]$  is an  $\omega$  (adiabatic switch on)  
\n $\langle \vec{a}(t) \rangle = \frac{q^2}{2m_e} \int_0^t dt' \vec{A}(t') = \frac{q^2}{2m_e} \frac{E_0^2}{\omega^2} \left[ d\vec{a} \cos^2 \omega t' - \frac{q^2}{4m_e} \frac{E_0^2$