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ATTOSECOND PHYSICS

UNIT VIII HIGH HARMONIC GENERATION

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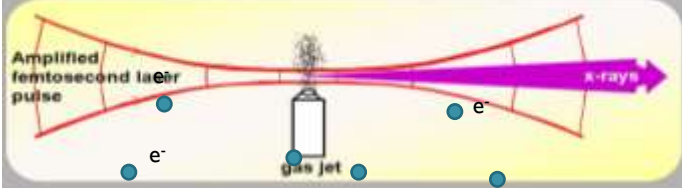

Ist Semester 2024, Buenos Aires, Argentina

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HIGH HARMONIC GENERATION

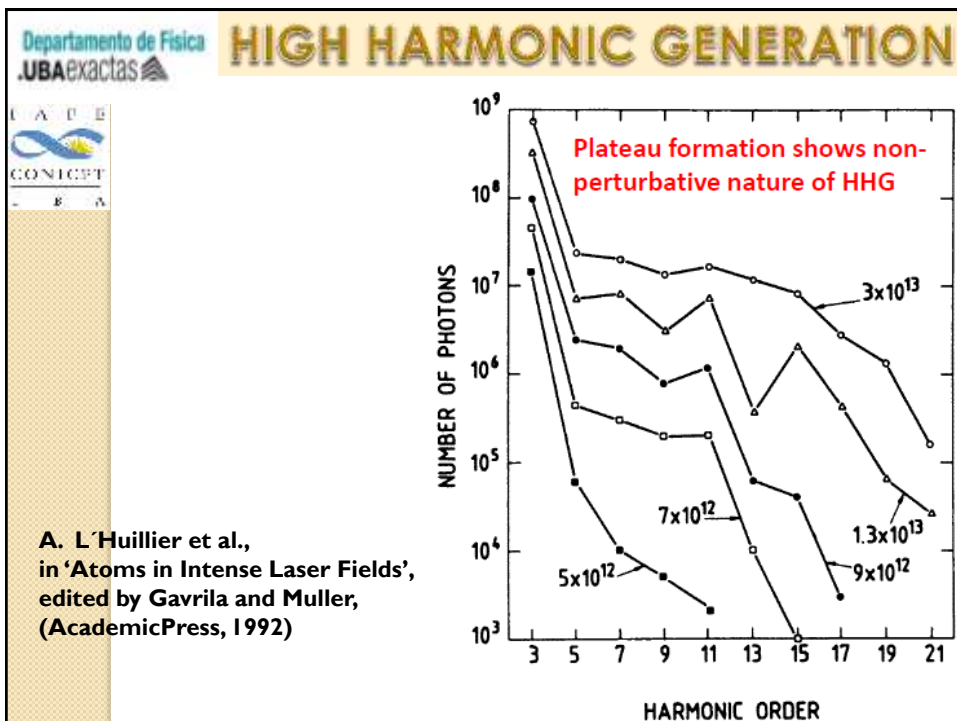
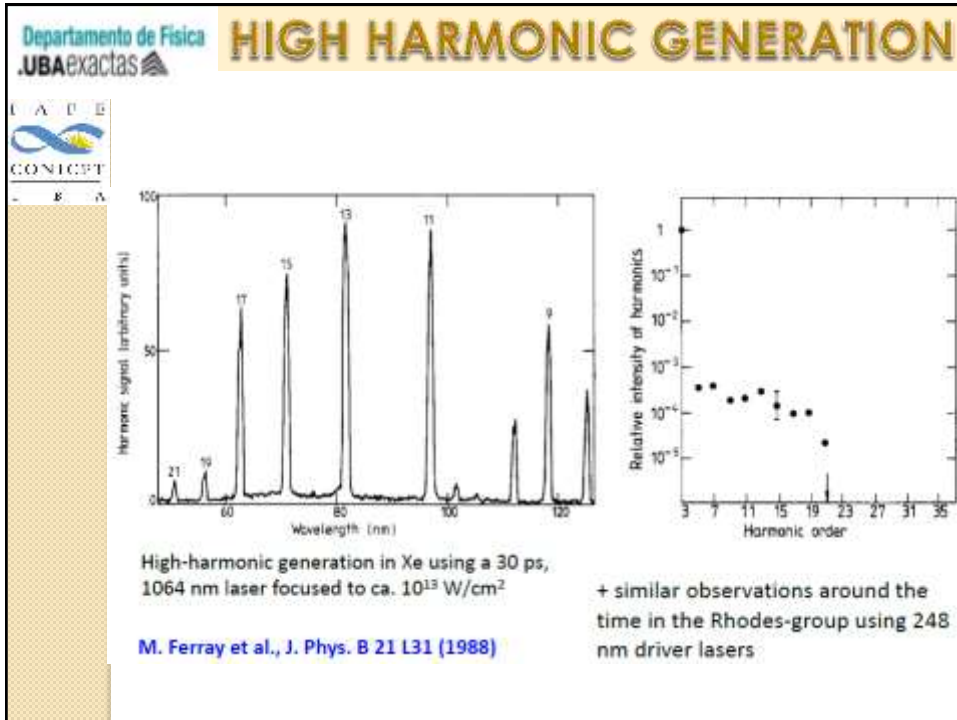
High-Harmonic Generation: Anne L'Huillier (1987)
Photoelectron Emission

Paris-Saclay

Experimental setup at Saclay to measure the light emitted during above-threshold ionization experiments

A. L'Huillier et al., in 'Atoms in Intense Laser Fields', edited by Gavrila and Muller, (Academic Press, 1992)



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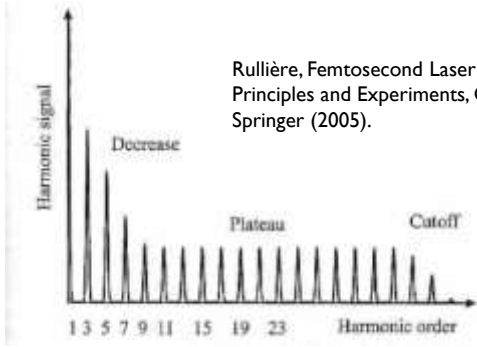
HIGH HARMONIC GENERATION

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The emission of radiation occurs when a linearly polarized ultra-short electric field is focused onto an atomic or molecular gas target.

The maximum kinetic energy of the photon (ii) is: $\hbar\omega_c \approx 3U_p + I_p$

Rullière, Femtosecond Laser Pulses: Principles and Experiments, Chap. XIII, Springer (2005).



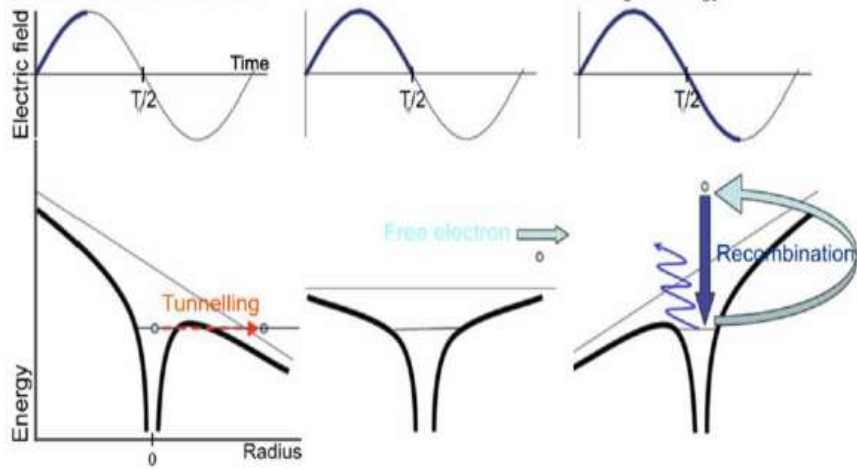
- The radiation spectrum consists of lines separated by 2ω and only the odd orders are present $\omega_q = q\omega = (2n + 1)\omega$.
- The efficiency decays fast for low orders (perturbative), followed by a plateau (non-perturbative) and then decays also very fast from a cutoff frequency ω_c .

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THE THREE-STEP MODEL

P. B. Corkum, *Phys. Rev. Lett.* **71**, 1994 (1993).

- Laser field suppresses Coulomb barrier, thus electron can tunnel out of the atom
- Free electron gains momentum in laser electric field
- Electron can recombine with parent ion and emit a photon of higher energy



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THE THREE-STEP MODEL (cont.)

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Semiclassical Model: Paul Corkum 1994

1. Tunneling ionization at time t_0 : The ionization probability was calculated by Ammosov, Delone and Krainov.

$$w_{dc} \propto \exp \left[\frac{-2(2I_p)^{3/2}}{3E(t_0)} \right]$$

ionization rate (arb. u.)

0

$E(t)$

t (fs)

Ionization takes place during a fraction of a femtosecond:
hundreds of attoseconds

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THE THREE-STEP MODEL (cont.)

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Semiclassical Model: Paul Corkum 1994

2. After ionization, electron motion is subject to the external electric field. The core potential is neglected. When the electric field changes sign, the electron eventually can go back near the core.

$$\dot{z}(t) = k + A(t) = A(t) - A(t_0)$$

$$z(t) = \int_{t_0}^t A(t') dt' - A(t_0)(t - t_0)$$

$$z(t) = \alpha(t) - \alpha(t_0) - A(t_0)(t - t_0)$$

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THE THREE-STEP MODEL (cont.)

3. When the electron collides with the parent ion, it can (i) rescatters elastically or (ii) recombine. In (i) there is emission of electrons, whereas in (ii) emission of radiation.

The recombination condition is $z(t_r) = z(t_0) = 0$
 $\Rightarrow \alpha(t_r) = \alpha(t_0) + A(t_0)(t_r - t_0)$

FIG. 2.2: Schématisation graphique pour déterminer les conditions de phase et de moment canonique des trajectoires directes et rediffusées. Le potentiel vectoriel est représenté en bleu et $\alpha(t)$ en noir (le champ électrique étant directement proportionnel à $\alpha(t)$). Les lettres D et I indiquent les domaines respectifs des trajectoires directes et indirectes sur une demi-période laser.

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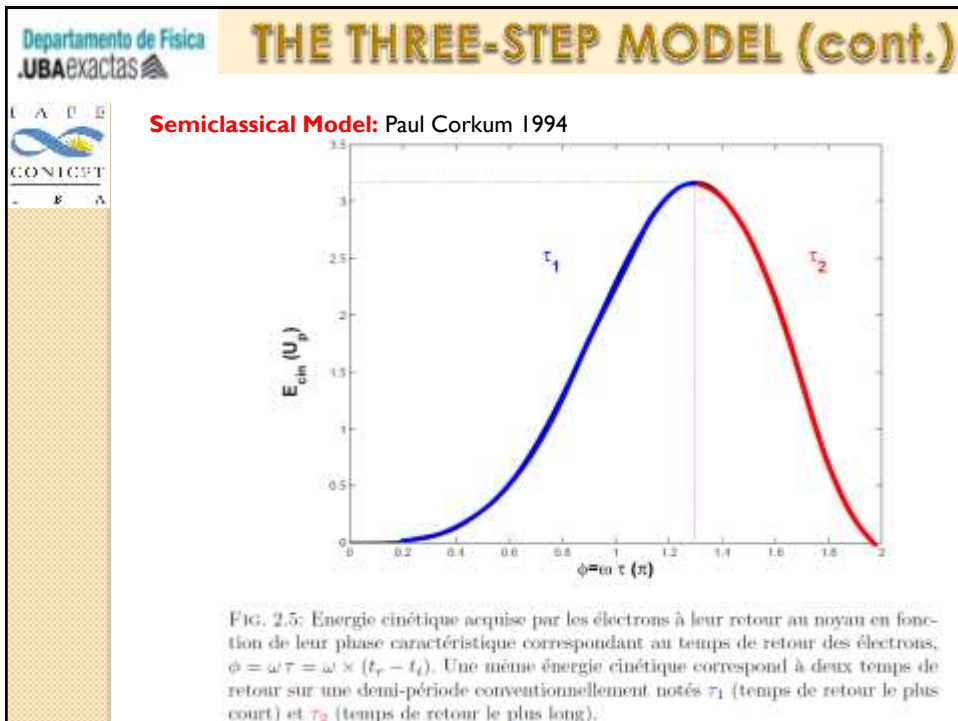
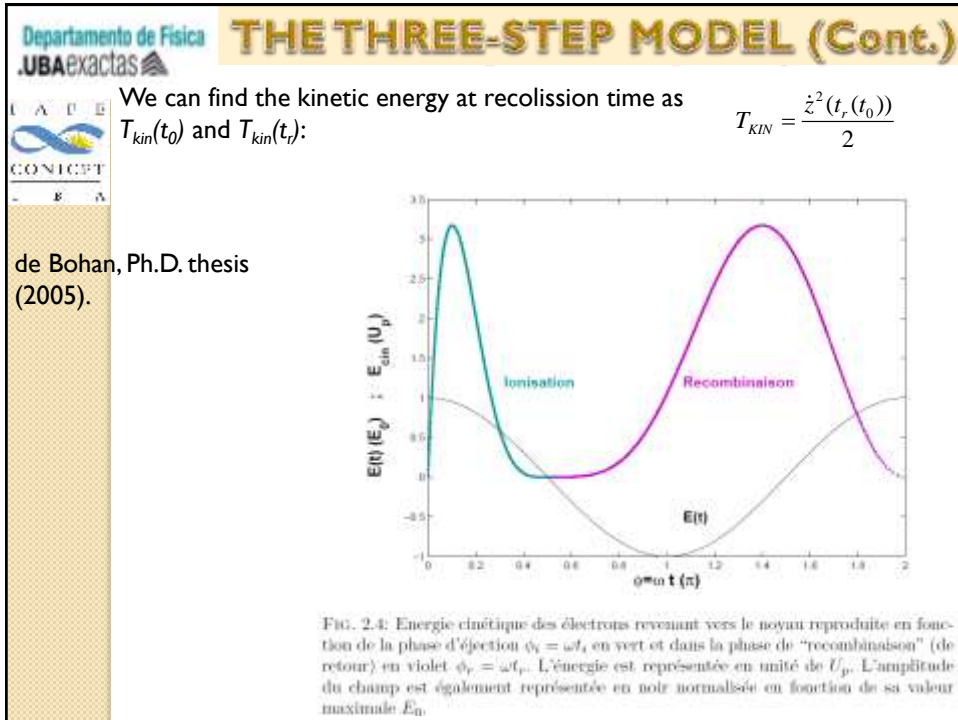
THE THREE-STEP MODEL

HIGH HARMONICS AND ATTOSECOND TRAIN PULSES

Attosecond pulses repeated each half period create a series of femtosecond duration harmonics. They can extend to more than 1 keV if needed

25 eV 50 eV 800 nm

ARGON ATOM AT 800nm



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THE THREE-STEP MODEL (cont.)

Potential energy \rightarrow

Coulomb potential of atoms

Coulomb potential modified by optical field

Potential induced by optical field

Tunneling ionization (step 1)

Acceleration by optical field (step 2)

Radiation of harmonics by recombination (step 3)

e^-

The emission of radiation occurs when a **linearly polarized** short electric field is focused onto an atomic or molecular gas target.
An elliptical polarized laser produces neither HHG nor rescattering

$$\varepsilon = \hbar \omega_q = T_{\text{kin}} + I_p$$

The maximum kinetic energy of the photon (ii) is: $\hbar \omega_c = 3.17U_p + I_p$

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QUANTUM HHG

Simulation of wave function

(a)

$\text{Re}[\Psi_g + \Psi_c]$

$|\Psi_g + \Psi_c|^2$

$\vec{d}(t)$

(b)

$\vec{d}(t + T_e/2)$

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Lewenstein Model

• We calculate the mean value of the dipole moment.

$$\vec{d}(t) = \langle \Psi(t) | e\vec{r} | \Psi(t) \rangle$$

In the Lewenstein's model:

$$|\Psi(t)\rangle = e^{iH_0 t} \left[|i\rangle + \int d\vec{v} b(\vec{v}, t) |\vec{v}\rangle \right]$$

$$\Rightarrow \vec{d}(t) = \underbrace{\langle i | \vec{r} | i \rangle}_0 + \int d\vec{v} b(\vec{v}, t) \langle i | \vec{r} | \vec{v} \rangle + c.c. + \underbrace{\int d\vec{v} \int d\vec{v}' b^*(\vec{v}', t) \langle \vec{v}' | \vec{r} | \vec{v} \rangle b(\vec{v}, t)}_0$$

(symmetry of the ground state) no continuum-continuum transitions

$$b(\vec{v}, t) = -i \int_0^t dt' E(t') d^*(\vec{v}) e^{-iS(t,t')}$$

$$\vec{d}(t) = -i \int_0^t dt' \int d\vec{k} d(\vec{k} + \vec{A}(t)) E(t') e^{-iS(t',t)} d^*(\vec{k} + \vec{A}(t')) + c.c.$$

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Lewenstein Model (cont.)

$$-i \int_0^t dt' \int d\vec{k} d(\vec{k} + \vec{A}(t)) e^{-iS(t,t')} E(t') d^*(\vec{k} + \vec{A}(t'))$$

The integral must be read from right to left:

$d^*(\vec{k} + \vec{A}(t')) = \langle \vec{v} | \vec{r} | i \rangle$: atomic ionization

$e^{-iS(t,t')}$: evolution of the electron in the continuum

$d(\vec{k} + \vec{A}(t)) = \langle i | \vec{r} | \vec{v} \rangle$: recapture of the electron

$$S(t, t') = - \int_{t'}^t dt'' \left\{ \frac{[\vec{k} + \vec{A}(t'')]^2}{2} + I_p \right\}$$

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Lewenstein Model (cont.)

change of variables: $\tau = t - t'$ (flight time)

$$-i \int_0^t d\tau \int d\vec{k} d(\vec{k} + \vec{A}(t)) e^{-iS(t, t-\tau)} E(t-\tau) d^*(\vec{k} + \vec{A}(t-\tau))$$

We solve the integral within the saddle-point approximation.
If the phase S changes a lot, then the positive and negative values will cancel out. The only surviving part is:

$$\delta S(t', t) = 0 \Rightarrow \delta S(\vec{k}, t, t-\tau) = 0 \quad \text{Principle of least action}$$

Exercise 14: Prove that:

$$\nabla_{\vec{k}} S(\vec{k}, t, t-\tau) = 0 \Rightarrow \vec{r}(t) - \vec{r}(t-\tau) = 0 \quad (\text{return condition})$$

$$\frac{\partial}{\partial \tau} S(\vec{k}, t, t-\tau) = 0 \Rightarrow \frac{1}{2} (\vec{k} + \vec{A}(t-\tau))^2 + I_p = 0 \quad (\text{ionization condition})$$

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Lewenstein Model (cont.)

Then we must Fourier transform:

$$d(q\omega) = \frac{1}{\sqrt{2\pi}} \int_{-\infty}^{\infty} dt d(t) e^{iq\omega t}$$

Exercise 15: Prove that:

$$\frac{\partial}{\partial t} S(\vec{k}, t, t-\tau) = 0 \Rightarrow \frac{1}{2} (\vec{k} + \vec{A}(t))^2 - \frac{1}{2} (\vec{k} + \vec{A}(t-\tau))^2 + I_p = q\omega$$

(energy conservation for emission of a harmonic photon)

$$\varepsilon = \hbar q\omega = T_{\text{kin}} + I_p \quad \text{iff} \quad v(t-\tau) = 0 \quad (\text{SMM})$$

$$\Rightarrow \varepsilon_{\text{max}} = \hbar q_{\text{max}} \omega = T_{\text{max}} + I_p = 3.17U_p + I_p$$

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Quantum Considerations

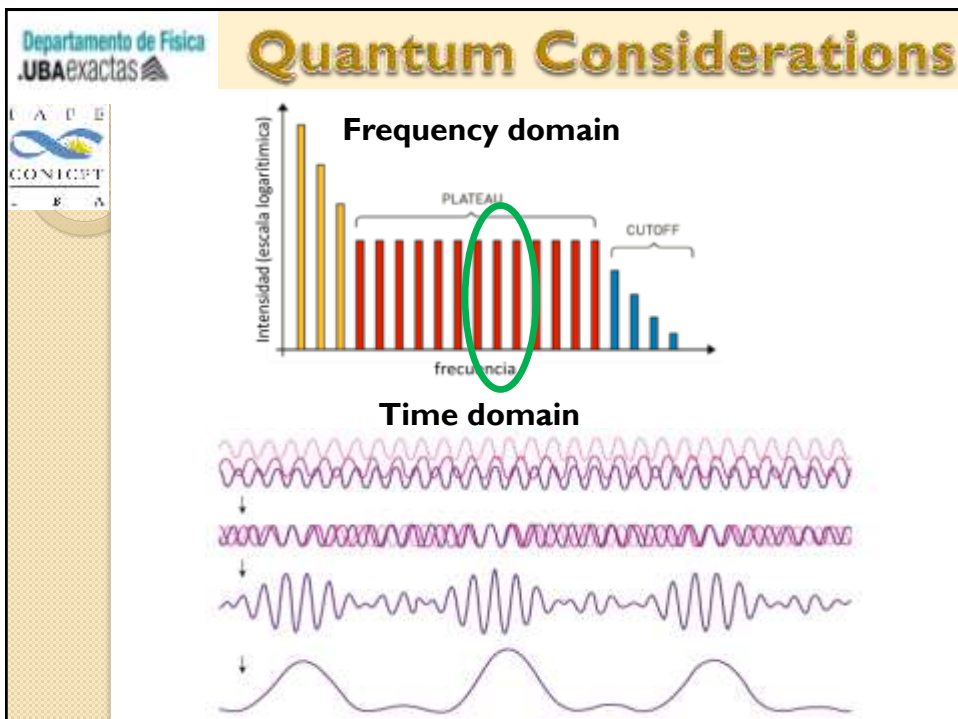
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- To calculate the harmonic generation exactly the TDSE must be solved numerically and then calculate $d(t)$ and Fourier Transform.
- The propagation in the media must also be considered.

Some people also use the acceleration of the expected value of the dipole:

$$\ddot{d}(t) = \frac{d^2}{dt^2} \langle \Psi(t) | \vec{r} | \Psi(t) \rangle$$

HHG is useful for the generation of an attosecond pulse source.



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Quantum Considerations

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POLARIZATION GATING

Fig. 1. Polarization gating based on two birefringent plates. α indicates the angle between the polarization axis of the linearly polarized incident pulse (FWHM = τ) and the axis of the first thick plate. The ordinary and extraordinary components of the pulse acquire a temporal delay δ . β is the angle between the initial polarization direction and the axis of the zero-order quarter waveplate. τ_g and ϵ_{th} indicates the time gate window and the threshold ellipticity, respectively.

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MACROSCOPIC ASPECTS

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Phase matching

Many-atom response

Maxwell equations \rightarrow Wave equation

$$\nabla^2 \mathcal{E} - \frac{1}{c^2} \frac{\partial^2 \mathcal{E}}{\partial t^2} = \frac{1}{\epsilon_0 c^2} \frac{\partial^2 \mathcal{P}}{\partial t^2}$$

Generated field Medium Polarization



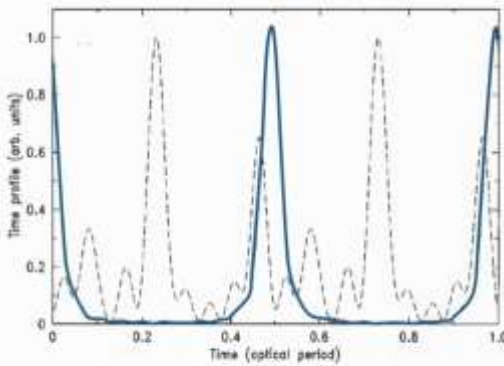
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MACROSCOPIC ASPECTS

Phase matching

$$v_1 = \frac{\omega}{k_1} \quad v_q = \frac{q\omega}{k_q}$$

Progress in understanding: Strong field nonlinear optics



Time profile (arb. units)

Time (optical period)

$$\mathcal{P}_q \propto e^{iqk_1 z} \quad \mathcal{E}_q \propto e^{ik_q z}$$


$$\Delta k = qk_1 - k_q = 0$$

$$\Delta k = \Delta k_{\text{disp}} + \Delta k_{\text{foc}} + \Delta k_i = 0$$

Dispersion	Laser focusing	Electron trajectory
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- One attosecond pulse per laser half-cycle
- Phase-locked (synchronized) harmonics

Antoine et al. Phys. Rev. Lett. 77, 1234 (1996)



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MEASUREMENTS OF ATTOSECOND PULSES

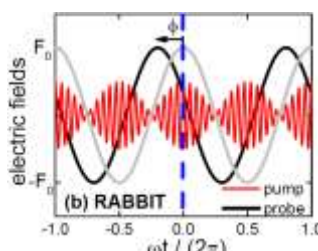
Attosecond pulses were demonstrated (2001)

Pump-probe experiment: **XUV+IR**

In **Paris-Saclay**, the Agostini's group produced a **train of pulses** with a duration of **250 as** using argon as the target gas.

RABBIT: Reconstruction of Attosecond harmonic Beating By Interference of Two-photon transitions





electric fields

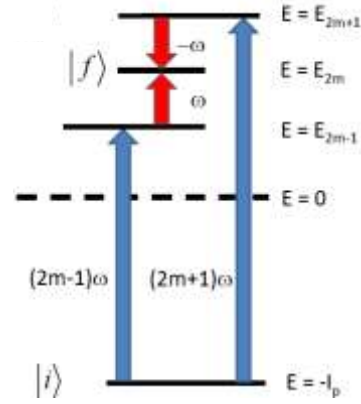
(b) RABBIT

— pump

— probe

-1.0 -0.5 0.0 0.5 1.0

$\text{ost} / (2\pi)$



$E = E_{2m+1}$

$E = E_{2m}$

$E = E_{2m-1}$

$E = 0$

$E = -I_p$

$(2m-1)\omega$ $(2m+1)\omega$

$|f\rangle$

$|i\rangle$

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MEASUREMENTS OF ATTOSECOND PULSES

$$|T|^2 = A + B \cos(2\phi + \delta)$$

$$\delta = \underbrace{\phi_m - \phi_{m-1}}_{\text{HH}} + \underbrace{\arg[\tilde{I}_{m-1}^{(n_1)}] - \arg[\tilde{I}_m^{(n_2)}]}_{\text{atomic}}$$

photoelectron spectrogram

IR-EUV pulse delay $\tau_{\text{IR-EUV}}$ (fs)

SCIENCE VOL 292 1 JUNE 2001

Observation of a Train of Attosecond Pulses from High Harmonic Generation

P. M. Paul,¹ E. S. Toma,² P. Breger,¹ G. Mullot,² F. Augé,³ Ph. Balcon,² H. G. Müller,^{2*} P. Agostini¹

In principle, the temporal loading of superposed high harmonics obtained by focusing a femtosecond laser pulse in a gas jet can produce a train of very short intensity spikes, depending on the relative phases of the harmonics. We present a method to measure such phases through two-photon, two-color photoionization. We found that the harmonics are locked in phase and form a train of 250-attosecond pulses in the time domain. Harmonic generation may be a promising source for attosecond time-resolved measurements.

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MEASUREMENTS OF ATTOSECOND PULSES

In **Vienna**, the Krausz's group produced isolated pulses of duration **650 as**.

Attosecond streaking

Time (fs)

They used spectral filtering to select relevant harmonics with a multilayer XUV mirror. Then they measured the kinetic energy spectrum of 4p photoelectrons ejected from krypton atoms under simultaneous irradiation by 90 eV photons and the light pulses at 750 nm from the drive laser generating the harmonic radiation (streaking).

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MEASUREMENTS OF ATTOSECOND PULSES

NATURE | VOL. 414 | 29 NOVEMBER 2001 | www.nature.com

Attosecond metrology

H. Gertel¹*, A. Kienberger¹, Ch. Spielmann¹, S. E. Schifano¹, M. Milosevic¹, T. Seifert¹, P. Corkran¹, G. Fehreman¹, M. Rosenbusch¹ & F. Krausz^{1,2,3}

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The generation of attosecond pulses is a key to exploring the dynamic behaviour of matter on even shorter timescales. Recent developments have pushed the duration of laser pulses close to its natural limit—the wave cycle, which lasts somewhat longer than one half-cycle (1 fs = 10⁻¹⁵ s) in the visible spectral range. Time-resolved measurements with these pulses are able to trace dynamics of molecular structure, but fail to capture electronic processes occurring on an attosecond (1 as = 10⁻¹⁸ s) timescale. Here we trace electronic dynamics with a time resolution of ~150 as by using a subfemtosecond soft-X-ray pulse and a few-cycle visible light pulse. Our measurement indicates an attosecond response of the atomic system, a soft-X-ray pulse duration of 666 ± 150 as and an attosecond synchronization of the soft-X-ray pulse with the light field. The demonstrated experimental tools and techniques open the door to attosecond spectroscopy of bound electrons.

SMM: $k + A(t_0) = 0$

Attosecond oscilloscope
 resolution ~ 100 as

E. Goulielmakis *et al*, Science 305, 1267 (2004)

